



## ChAPS Counselling offer

Members of ChAPS and their families who are over 18 years of age (unfortunately we cannot offer the service to under 18s) can access a counselling service through ChAPS. The counselling service is under the guidance of Lisa Cromar, BSc Hons Person-Centred Counselling, Counsellor, Trainer and Author Specialising in Autism, PhD Student, University of Chester.

The service is managed and administrated by Carey Caveney, Families Manager, at ChAPS.

ChAPS offer **volunteer** and **placement** counsellors, all of whom receive autism training and regular peer supervisions from Lisa Cromar.

Type	Cost	Number of sessions	Delivery
Volunteer (Qualified)	£20 per session	6 with possibility of more by private arrangement with counsellor	Online or face to face in Winsford.
Placement (Student)	£10 per session minimum payment	6 initially, with possibility of extension by agreement with ChAPS and counsellor	Face to face at ChAPS in Northwich.

Short bios are available for the counsellors that we are currently offering our service, upon request.

Placement Counsellors **only**: On occasion clients will be asked permission to do a recording to support the placement counsellors' studies. This is your choice and can be opted out of at any time.

ChAPS members can email Carey on [families@cheshireautism.org.uk](mailto:families@cheshireautism.org.uk) to be added to the waitlist for counselling, or if any further information is required.

*Inspiring families to achieve more*