

Feeling overwhelmed:

I need some
space and time
to calm down



Needing time alone:

Sorry I can't cope
with people right
now



I would like
company



Different communication:

I use assisted
communication.
I may use my
phone, tablet or
communication boards
to interact with you



I'm ok to talk:

Please initiate
conversation
with me



I'm not ok to talk:

Please don't initiate
any interaction
with me



Neutral:

I can regulate my
own interaction

